



EKU Major: BS Exercise and Sport Science

Date Created: 8/29/25

Option: Pre-Physical Therapy/Athletic Training

The equivalency information provided in this pathway is relative to the date created and not a guarantee of applicability. For the most updated information, work directly with EKU OATS

KCTCS ASSOCIATE IN SCIENCE PATHWAY

AS General Education Requirements (37/33 hours)

Communication Block (9 hours)

		Cr	Term	EKU Eq.
Written Communication (6)	ENG 101: Writing I (3)	3	☐	ENG 101
	ENG 102: Writing II (3)	3	☐	ENG 102
Oral Communication (3)	Any Oral Communication Course	3	☐	TBD

Arts & Humanities Block (6 hours)

Heritage (3)	Any Heritage Course	3	☐	TBD
Humanities (3)	Any Humanities Course	3	☐	TBD

Social & Behavioral Science Block (6 hours)

Social & Behavioral Sciences (6) *Two disciplines must be represented and different from Arts & Humanities	PSY 110: General Psychology (3)	3	☐	PSY 200
	Any Social & Behavioral Science Course	3	☐	TBD

Natural Science Block (3 hours)

Natural Sciences (3)	BIO 137: Human Anatomy and Physiology I* (4)	4	☐	BIO 208
Natural Science Lab	Lab included above		☐	BIO 208L

Quantitative Reasoning Block (3 hours)

Quantitative Reasoning (3)	MAT 155: Trigonometry (3) or higher	5	☐	MAT 120
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AS General Education Certification (6 hours)

Natural Sciences (3)	BIO 139: Human Anatomy and Physiology II* (4)	4	☐	BIO 308 & 308L
Quantitative Reasoning (3)	STA 220: Statistics (3)	3	☐	STA 215

Associate in Science Major Requirements (10/6 hours)

AS Major Component (6 hours)

Natural Sciences OR	CHE 170: General College Chemistry I (4) + CHE 175 Lab (1)	5	☐	CHE 111 and 111L
Quantitative Reasoning (6)	CHE 180: General College Chemistry II (4) + CHE 185 Lab (1)	5	☐	CHE 112 & 112L

Elective Courses (17/21 hours)

Digital Literacy (3)	CIT 105: Introduction to Computing (3)	3	☐	INF 104
College Success Course (3)	ANY	3	☐	GSD X100
Guided Electives (15+)	BIO 150/151: Principles of Biology I & Lab or BIO 115/116	5	☐	BIO 111 & 111L
	NFS 101: Human Nutrition and Wellness	3	☐	NFA 201
	AHS 115: Medical Terminology	3	☐	HCA 200
			☐	
	Carry-over from above (4)		☐	

64/60 College Credit Hours

Advising Notes

Admission Progression Criteria

A student majoring in Exercise and Sport Science must achieve a minimum grade of "C" in all major and supporting courses.