

NON- CONFIDENTIAL RESOURCES

Non-Confidential Resources

EKU Violence Prevention

Coordinator:
Powell Building, CIEGE 013
Richmond, KY 40475
Phone: 859-622-2761

Email: ca-stopviolence@eku.edu

Office of Institutional Equity

Title IX Coordinator: Carlin C. Conway, J.D.
Director, Office of Institutional Equity
Jones Bldg., Room 416
Richmond, KY 40475
Phone: (859) 622-5051
Email: carlin.conway@eku.edu
Office Hours: M-F 8:00-4:30

To file a Report with the Office of Institutional Equity, click here:
<http://go.eku.edu/TitleIXReport>

University and Student Employees

(i.e. RA's, Orientation Leaders, Desk Workers, Professors)

University and Local Police

859.622.1111 or 911

Student Assistance & Intervention Team (SAIT)

Fill out a referral at: Sait.eku.edu

Dean of Students office

859-622-3436

Dean of Students: Lara Vance

Office: Whitlock 347

Mailing: Whitlock CPO 53

521 Lancaster Ave.

Richmond, KY 40475

***Other non-confidential resources include: Professors, RA's, and student employees**

CONFIDENTIAL RESOURCES

Confidential Resources

On Campus Resources

EKU Counseling Center

<https://counselingcenter.eku.edu/> | 859.622.1303
521 Lancaster Ave., Whitlock 571
Richmond KY, 40475

- You have to have an evaluation at the counseling center before you can be seen at the Psychology Clinic.
- If you need help, or want to get setup with services, simply call us at 859-622-1303, or drop-in for a rapid-access meeting at Whitlock 571.
- The ECU Counseling Center is committed to the promotion and celebration of diversity in all of its forms. We seek to provide a safe, welcoming, and affirming environment for all persons that seek our services. Our services are available to ALL CURRENTLY ENROLLED ECU STUDENTS!
- Counseling services are provided at no cost for students who are eligible. These services are confidential as delineated by Kentucky State Law and American Psychological Association (APA) Code of Ethics.

EKU Counseling Center After Hours Urgent Support and Crisis Services

(859) 622-1303

EKU Counseling Center offers mental health support and crisis services to ECU students, or those concerned about a student, **24 hours a day, 7 days a week including weekends, evenings, holidays, and during university closures.** This is an extension of EKUCC services and can assist a caller in any mental health crisis situation.

EKU Psychology Clinic

<https://psychologyclinic.eku.edu/> | 859.622.1761

521 Lancaster Ave., Rowlett Building 104

Richmond KY, 40475

- The ECU Psychology Clinic is an outpatient integrated behavioral health care facility operated by the Department of Psychology at Eastern Kentucky University.
- Services are provided by doctoral students working on graduate degrees in clinical psychology. All clinicians have received specialized graduate training and are closely supervised by a licensed psychologist faculty member.
- The Psychology Clinic offers a wide range of both group and individual therapy services, as well as assessment services. The Psychology Clinic is open to children, adults, and families across the state of Kentucky including ECU faculty, staff, and students requesting assessment and/or those in need of extended services.
- There are no eligibility requirements for applying to the Psychology Clinic. A general listing of the services offered can be found below:
 - Individual Therapy
 - Assessment, Evaluation, or Testing Services
 - Consultation Services
 - Couples & Family Therapy
 - Therapy, Processing, & Support Groups
 - Outreach Services
 - Telepsychological Services
- All currently enrolled ECU students requesting therapy services must first complete an initial assessment to determine appropriateness with the Eastern Kentucky University Counseling Center or they may be referred to the ECU Psychology Clinic. The ECU Counseling Center is located in Whitlock 571 and their phone number is 859-622-1303. All services at the Counseling Center are free for ECU students. For more information, visit their website at <https://counselingcenter.eku.edu>
- All ECU students must first call the ECU Counseling Center office any time before 3:30pm on a weekday for an initial assessment. If appropriate, they will then be referred to ECU Psychology Clinic following the initial assessment.

If you or someone you know is contemplating suicide, please take immediate action. Call the suicide hotline at 988. All assistance is free and confidential. You can also chat at 988lifeline.org

EKU Student Health Services-

<https://healthservices.eku.edu/> | (859) 622-1761
521 Lancaster Ave
Rowlett 103
Richmond, KY 40475
studenthealthservices@eku.edu

- The mission of Student Health Services is to promote the mental and physical wellbeing of our students through disease prevention strategies and acute care of illness. Students are better equipped for academic success when they are physically and mentally healthy.

In any life-threatening situation, such as suicide attempt, alcohol or drug overdose, or serious mental health crisis, call 911 (from campus phone: 2-1111) or proceed immediately to the Baptist Health Emergency Room at Baptist Health Hospital located on the Eastern Bypass (phone: 859-623-3131).

Off Campus Resources

Planned Parenthood

www.ppgnhaik.org
268 Southland Dr #120
Lexington, KY 40503

- Clinical Services: Birth control, STI testing, gender affirming care, PrEP, pregnancy testing and options counseling, emergency contraception.

Baptist Health Richmond

859-623-3131
801 Eastern Bypass
Richmond, KY 40475
Open 24/7

- A comprehensive regional medical center with trained Sexual Assault Nurse Examiners (SANE) on staff.

White House Clinics

www.whitehouseclinics.com | 859-626-7700
401 High Land Park Dr.
Richmond, KY 40475

- White House Clinics offers Behavioral Health Services that are integrated into your primary care services. Behavioral Health providers in each of our clinics will work with your medical provider and other members of your care team to help you identify goals related to your physical and mental health and develop a plan to help you achieve those goals. Clinical Social Workers can assist with:
 - Trauma or abuse
 - Stress
 - Depression & feelings of guilt/hopelessness
 - Alcohol and/or substance abuse
 - Anxiety or panic attacks
 - Difficulty concentrating or paying attention
 - Anger issues
 - Smoking cessation
- Offers free or low-cost care based on individual circumstances

DOMESTIC VIOLENCE RESOURCES

Domestic Violence Resources

EKU Police Department

Phone: (859) 622-1111 | Fax: (859) 622-2243

701 Vickers Drive

Mailing Address: 521 Lancaster Avenue

Richmond, KY 40475

- Eastern Kentucky University Police Department provide 24-hour patrol of the ECU campus buildings, parking lots, residence hall exteriors, and campus grounds. Patrol is by motor vehicle, bicycle, and on foot. The Department does not provide patrol services to the regional campuses, but may provide other services to include investigations and crime prevention programs.

Richmond Police

(859) 623-8911 or dial 911

1721 Lexington Rd

Richmond, KY 40475

Hope's Wings

<https://hopeswings.org/> | 859.623.4095

- If you or someone you know is in an abusive relationship and needs help or would like to speak with someone about domestic violence, confidential help is available 24/7 through the helpline.

- Hope's Wing staff can assist callers in safety planning, respond to general questions about domestic violence, provide referrals, and share additional information about our programs and services.
- Free to ECU students

Ampersand

1-800-656-4673 | 859-253-2511
2025 Regency Rd, Suite 100
Lexington, KY 40503

- 24-hour crisis line, free counseling services, referrals to community resources, and medical and legal advocacy.

Greenhouse 17

<https://greenhouse17.org/> | 859-233-0657 | 24-hour hotline- 800.544.2022

- From their website: We are an advocacy agency committed to ending intimate partner abuse in families and the community. Our specially trained crisis counselors are available to help people harmed by intimate partner abuse any time of the day, every day of the year. Our main facility is situated on a beautiful 40-acre property in rural Fayette County. From this location and two additional offices in our service area, we provide these crisis intervention and stabilization services.
- 24-hour hotline- 800.544.2022
- emergency shelter
- safety planning
- legal advocacy
- children's safe exchange and visitation
- individual and group support
- medical and dental treatment
- budget and credit counseling
- supportive housing services
- transportation assistance

The Nest

<https://www.thenestlexington.org/> | (859) 259-1974

- From The Nest website: Since 1977, The Nest has been a lifeline for all individuals and families in crisis, facing adversity, or who have unexpected needs. Our holistic approach incorporates four FREE programs: early childhood education and care, family assistance for basic human needs, counseling, and advocacy for survivors of intimate partner violence, and education and support for parents.

The Nest Contact Information:

Mailing Address

530 N Limestone St
Lexington, KY 40508

GPS Address

529 N Martin Luther King Blvd
Lexington, KY 40508

Hours of Operation

Office: M – Th: 9AM-5PM, F: 9AM-12PM

Family Assistance: M – Th: 9AM-12PM & 1PM-3PM

Child Care: M – F: 8AM-5PM

Salvation Army Shelter

859-626-1247
1675 East Main Street
Richmond KY 40475

- Provides shelter for those in need of temporary housing; it is open 7 days a week. The shelter opens at 6 p.m. and closes at 7 a.m. Each guest receives a care package containing soap, shampoo, toothpaste, and a toothbrush, along with bedding, a wash cloth, and a towel. An evening meal is served at 7 pm and breakfast at 6:30 a.m.

Bluegrass Rape Crisis

859-253-2516
2025 Regency Rd
Lexington, KY 40507

LEGAL SUPPORT

Legal Support

AppalRed-

<https://www.ardfky.org/>

Providing free legal services to the low-income and vulnerable in eastern and south-central Kentucky. We do not charge.

Ampersand

1-800-656-4673 | 859-253-2511
2025 Regency Rd, Suite 100
Lexington, KY 40503

- 24-hour crisis line, free counseling services, referrals to community resources, and medical and **legal** advocacy.

EKU Police Department

Phone: (859) 622-1111 | Fax: (859) 622-2243
701 Vickers Drive
Mailing Address: 521 Lancaster Avenue
Richmond, KY 40475

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the regional campuses, but may provide other services to include investigations and crime prevention programs.

Richmond Police

(859) 623-8911 or dial 911

1721 Lexington Rd

Richmond, KY 40475



NATIONAL RESOURCES

National Resources

Love Is Respect

www.LoveIsRespect.org | 1-866-331-9474 or 1-866-331-8453 | text “loveis” to 22522

Contact LoveIsRespect if you want to talk to someone, need advice about your relationship or a loved one’s relationship, or if you have legal questions.

National Domestic Violence Hotline

1-800-799-SAFE (7233) | www.thehotline.org

NDV Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Call if you would like more resources or information, or if you are questioning unhealthy aspects of your relationship. On the website, you can also find a helpful chat feature in English and Spanish.

National Sexual Assault Hotline/ RAINN

1-800-656-HOPE | www.rainn.org

The National Sexual Assault Hotline provides basic information for victims or friends/family of victims, short-term crisis intervention and support, answers to questions about recovering from sexual assault, and resources to assist with the reporting process via hotline or chat.

The Trevor Project

www.thetrevorproject.org/ | 1-866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.

Crisis Text Hotline: Text Home to 741741

PARENT RESOURCES

Parent Resources

Center for Student Parents

<https://studentparents.eku.edu/> | (859) 622-6684

The Center for Student Parents is a place to feel supported, accepted and prepared for life as a parenting college student. Through guidance, academic support, advising, workshops, referrals, and employment opportunities; student parents can graduate and meet educational and personal goals.

- The Richmond office is located in the Turley House.
- The Corbin office is located in Room 117.

Those students who receive Kentucky Transitional Assistance Program (KTAP) are eligible for Work Study positions. Contact them today to find out more!

This program is funded in whole or in part by the Kentucky Cabinet for Health and Family Services and has been supporting student parents at Eastern Kentucky University since 1998.

521 Lancaster Avenue
Rowlett 104
Richmond, KY 40475
Fax: (859) 622-6683
robyn.moreland@eku.edu

INCOME BASED HOUSING RESOURCES

Income-Based Housing Resources

Below is a list of income-based housing resources in the community

Eastern Scholar House

859-408-7025
801 Paul Van Hoose Dr
Richmond, KY 40475

Foothills Community Action Partnership

859- 624-2046
309 Spangler Drive
Richmond KY 40475

Weatherization program, supportive housing, transitional housing, housing opportunities for persons with AIDS/HIV, Samaritan Housing Program, Safe Haven Program, Affordable Housing Program, Homeownership Counseling

American Red Cross

859- 623-1336
6017 Atwood Dr, # 23
Richmond, KY 40475-8320

- Relief for victims of disasters

Bivins Place

859- 626-9065
1024 Danielle Ct
Richmond KY 40475

- Housing through Comp Care for clients

Brandyview

859- 624-5710
Brandyview Drive
Richmond KY 40475

- Based on Income, Section 8 Approved

Foothills Tenant-Based Rental Assistance Program

859-624-2046
309 Spangler Dr
Richmond, KY 40475-2457

- Offers rent subsidy to families who are homeless or at-risk of becoming homeless.

Glades Village Apartments

859-986-9810
157 Glades Road
Berea KY 40403

- Income-Based Apartments

Habitat for Humanity of Madison County

859-625-9208
P.O. Box 186
Bank One Suite 3
Richmond KY 40476

- Habitat for Humanity of Madison County is committed to providing simple, decent, affordable housing in partnership with our community and God's people in need.

Housing Authority of Richmond

859-623-5968
P.O. Box 786
Fax 624-0640
502 Ellis Court (Willis Manor)
Richmond KY 40475

Housing Authority of Berea

859-986-4436

101 Orchard Street

Berea KY 40403

- Provides housing assistance to income eligible families within the Berea area.

Madison Avenue Apartments

859-623-6050

225 North Madison Avenue

Richmond KY 40475

- Income-Based Apartments

New Liberty Shelter

859-623-6514

123 Pine Street

Richmond KY 40475

- Temporary housing for homeless families

Presbyterian Community Services

859-626-8200

1219 Lexington Road

Richmond KY 40475

- Housing for people up to 21, apartments are in Lexington; also a foster parent resource agency

Richmond Manor

859-624-9410

743 North 3rd Street

Richmond KY 40475

Income-Based Apartments

Roselawn Subdivision

859-986-9810

192 Glades Road, Bldg. E

Berea KY 40403

- Income-Based Houses

Silver Creek Apartments

859-986-7765

100 Miracle Street

Berea KY 40403

Telford Place Apartments

859-624-5710

- Based on Income, Section 8 approved

Salvation Army Shelter

859-626-1247

1675 East Main Street

Richmond KY 40475

- Provides shelter for those in need of temporary housing; it is open 7 days a week. The shelter opens at 6 p.m. and closes at 7 a.m. Each guest receives a care package containing soap, shampoo, toothpaste, and a toothbrush, along with bedding, a wash cloth, and a towel. An evening meal is served at 7 pm and breakfast at 6:30 a.m.

Section 8 Housing

859-623-1000

118 North Second Street

Richmond KY 40475

- Housing assistance and placement available for income eligible applicants. Rent to own and family self sufficiency projects also available to participants.

REACH (Resource Education Assistance for Community Housing)

859-455-8057

733 Red Mile Road

Lexington KY 40504

- Down payment and closing cost assistance for low income families

